



# **Is Rick Hansen a Hero?**

By Shelley Moore

# Comics and movies are filled with heroes and heroines.

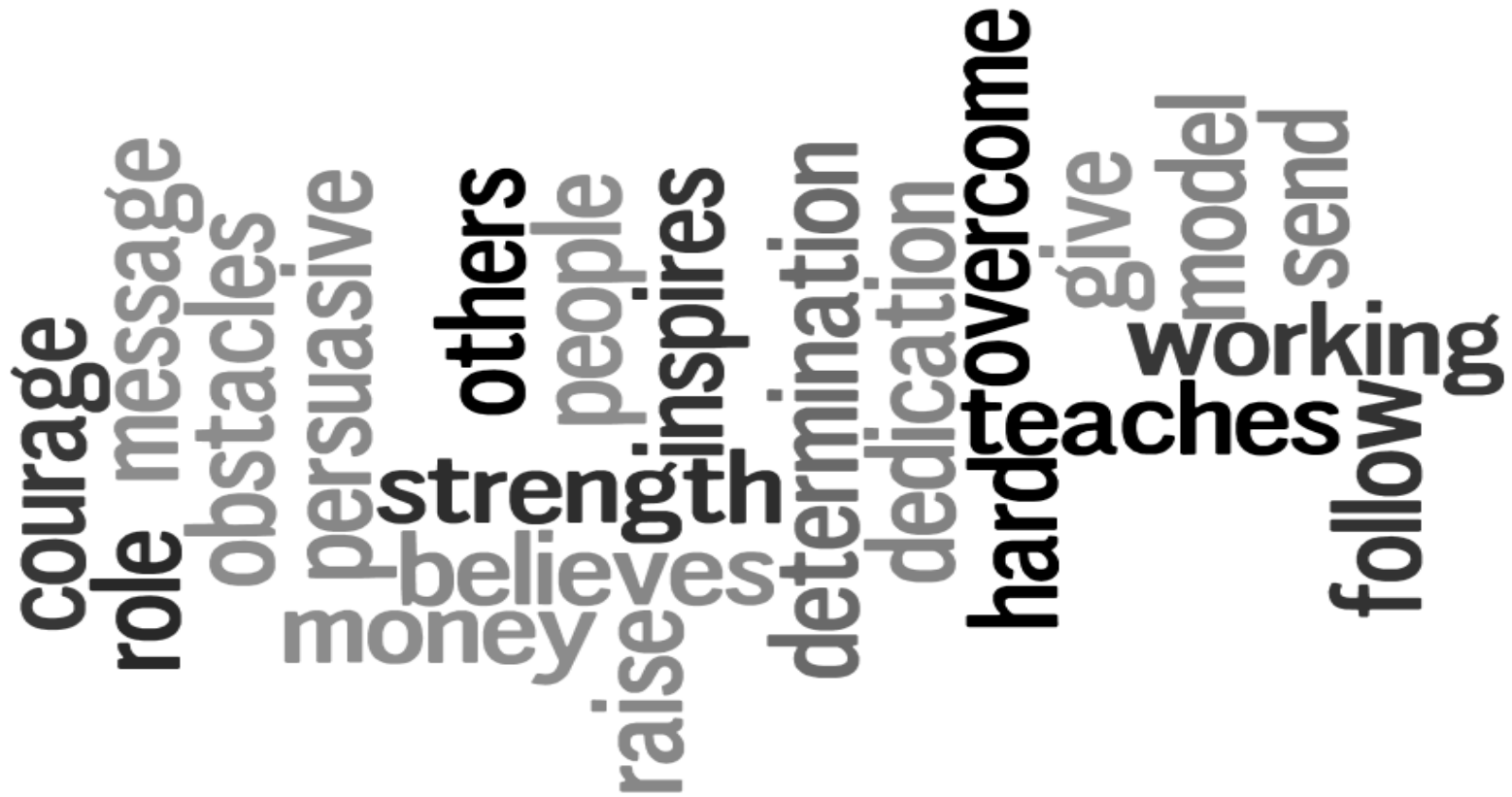


# Heroes can also be people in real life.



## But how do we know they are heroes?

People in real life don't wear capes  
and have super powers,



So we have to use words to describe  
why they are heroes.

There are heroes all over the world.  
Some heroes are:

1. Rick Hanson



2. David Sukuki



3. Jordin TooToo



# There are heroes all over the world.

## Some heroes are:

1. Rick Hanson



2. David Sukuki



3. Jordin TooToo





This book is about

# 1. Rick Hanson



Rick Hanson is a hero. Rick became a hero when he travelled around the world in his wheel chair.



What is a Hero?

Shelley Moore 2013



Rick was injured when he was 15.  
He broke his back in a car accident.  
He loved to play sports and so being  
in a wheel chair could have been a  
big challenge for him.



Being in a wheelchair did not stop Rick! Rick was the first person with a disability to graduate university in Physical Education.



After he graduated, he rode his wheelchair 40,000 km to **raise money** for research to help other people like him. Rick raised more than \$26 million.



Rick is a hero because he needed strength, courage and determination to complete his journey.



But most of all Rick **didn't give up**.  
He kept going even when his arms  
were sore, or when other people  
said he couldn't do it. He even kept  
going when he had the flu!





Rick wanted to **send the message** to others that having a disability doesn't have to stop you from achieving your dreams.

Rick Hanson  
is a hero!





# Rick Hansen is a Canadian hero.



# Heroes...

A word cloud of terms associated with heroes. The words are arranged in a circular pattern, with some words appearing more frequently or in larger fonts than others. The words include: courage, role, message, obstacles, persuasive, money, strengthen, others, people, inspires, determination, dedication, harder, overcome, gives, model, working, send, follows, and achieve.